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DIRECTIONS: Dissolve one scoop of **Mind Calm** into 6 fl ounces of cool, pure water. Drink one to two times daily, or as directed by your healthcare practitioner.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. Do not use if tamper seal is damaged.

Mind Calm is an innovative powdered drink mix without flavoring components. It contains a blend of ingredients that supports the body's natural synthesis of catecholamines, the inhibitory neurotransmitter GABA, hormonal balance, and healthy glucose metabolism. Mind Calm aims to promote a calm, relaxed, well-balanced emotional and physiological state.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, or preservatives.



MIND CALM

Neurotransmitter & Hormone Support*
Promotes Stress Resiliency*

6.35oz DIETARY SUPPLEMENT
NET WT. (180 G)

Supplement Facts

Serving Size: 1 Scoop (about 3 g)

Servings Per Container: About 60

| | Amount Per Serving | %Daily Value |
|---|--------------------|--------------|
| Magnesium (as Albion® di-magnesium malate) | 75 mg | 18% |
| myo-Inositol | 2 g | ** |
| Taurine | 500 mg | ** |
| GABA (gamma-aminobutyric acid) | 100 mg | ** |
| L-Theanine (Suntheanine®) | 50 mg | ** |
| ** Daily Value not established. | | |

Other Ingredients: None.

Albion is a registered trademark of Albion Laboratories, Inc.
Malate covered by U.S. Patent 6,706,904.

Suntheanine®

Suntheanine®, a patented form of L-Theanine, is a trademark of Taiyo International, Inc.

Distributed By:

Auburn Naturopathic Medicine

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Manufactured in a GMP compliant facility.

REV. 072419 101281-01



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