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**DIRECTIONS:** Blend, shake, or briskly stir 2 level scoops (53 g) into 10-12 ounces chilled, pure water (or mix amount for desired thickness) and consume once daily, or use as directed by your healthcare professional.

Consult your healthcare professional prior to use. Individuals taking medication should discuss potential interactions with their healthcare professional. Do not use if tamper seal is damaged.

▲ **WARNING:** Reproductive Harm - www.p65warnings.ca.gov

**Optimal Gut Restore** is a comprehensive, fructose-free, low-allergy–potential dietary supplement designed to support gastrointestinal (GI) function and balanced detoxification. It features Vegan Protein Blend, Auburn Naturopathic Medicine's proprietary amino acid and pea/rice protein blend; Aminogen®, to facilitate protein absorption; phytonutrients; mineral amino acid chelates; and activated B vitamins, including Quatrefolic® and methylcobalamin. In conjunction with a modified elimination diet, Optimal Gut Restore addresses GI and hepatic function as well as eicosanoid balance and cytokine metabolism. This formula is suitable for vegans.\*

With 26 Grams of protein from our proprietary Vegan Protein Blend per serving, Optimal Gut Restore Supports Three Main Functions:		
<b>Gastrointestinal*</b> Glutamic Acid (approx. 5 g) Quercetin Aminogen® Stabilized Flaxseed Preventium®	<b>Hepatic/Detoxification*</b> Pomegranate Extract NAC Sodium Sulfate	<b>Cytokine Balance*</b> Curcumin Ginger Bioflavonoids Rutin Niacinamide

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**STORAGE:** Keep closed in a cool, dry place out of reach of children.

**FORMULATED TO EXCLUDE:** Wheat, gluten, yeast, soy, animal and dairy products, fish, shellfish, peanuts, tree nuts, egg, ingredients derived from genetically modified organisms (GMOs), artificial colors, artificial sweeteners, and artificial preservatives.

‡This formula is not a low-calorie dietary supplement. Please see the Supplement Facts panel for more details.

 S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

 S2. Albion®, DimaCal®, TRAACS®, and the Albion Gold Medallion® are registered trademarks of Albion Laboratories, Inc. Malates covered by US patent 6,706,904.



# OPTIMAL GUT RESTORE

Sugar- & Stevia-Free<sup>†</sup>

featuring



26.17 oz DIETARY SUPPLEMENT  
NET WT (742 G)

VANILLA DELIGHT

# Supplement Facts

Serving Size: 2 Scoops (about 53 g)  
Servings Per Container: About 14

Amount Per Serving		%DV	Amount Per Serving		%DV
Calories	210		Sodium (from ingredients with naturally occurring sodium, sodium sulfate anhydrous, and sodium ascorbate)	560 mg	24%
Total Fat	8 g	10% <sup>†</sup>	Potassium (from tripotassium citrate and ingredients with naturally occurring potassium)	455 mg	10%
Saturated Fat	2 g	10% <sup>†</sup>			
Total Carbohydrate	10 g	4% <sup>†</sup>			
Dietary Fiber	4 g	14%			
Protein (from Pea Protein Isolate and Rice Protein Concentrate)	26 g		Stabilized Flaxseed	5.6 g	**
Vitamin A (as natural beta-carotene)	750 mcg	83%	Typical Alpha-Linolenic Acid Content	1.28 g	**
Vitamin C (as sodium ascorbate)	250 mg	278%	Typical Linoleic Acid Content	392 mg	**
Thiamin (as thiamine HCl)	15 mg	1250%	Pomegranate Extract ( <i>Punica granatum</i> )(whole fruit)(30% punicalagins A+B and punicalins A+B)	400 mg	**
Riboflavin (as riboflavin 5'-phosphate sodium)	5 mg	385%	Betaine Anhydrous (trimethylglycine)	250 mg	**
Niacin (as niacinamide and niacin)	40 mg	250%	Lemon Bioflavonoid Complex ( <i>Citrus x limon</i> ) (fruit peel)(25% bioflavonoids)	250 mg	**
Vitamin B6 (as pyridoxal 5'-phosphate)	5 mg	294%	Quercetin (as quercetin dihydrate from <i>Dimorphandra mollis</i> )(pod)	250 mg	**
Folate (as [6S]-5-methyltetrahydrofolic acid, glucosamine salt) <sup>S1</sup>	340 mcg DFE	85%	Potassium d-glucarate <sup>S3</sup>	250 mg	**
Vitamin B12 (as methylcobalamin)	50 mcg	2083%	Rutin (from <i>Sophora japonica</i> )(bud)	200 mg	**
Biotin	150 mcg	500%	Turmeric Extract ( <i>Curcuma longa</i> )(rhizome)(95% total curcuminoids complex, including curcumin, curcuminoids, and volatile oils)(86% curcuminoids)(65% curcumin) <sup>S4</sup>	200 mg	**
Pantothenic Acid (as d-calcium pantothenate)	35 mg	700%	N-Acetyl-L-Cysteine	150 mg	**
Choline (as choline bitartrate)	100 mg	18%	Ginger ( <i>Zingiber officinale</i> )(rhizome)	150 mg	**
Calcium (as dicalcium malate <sup>S2</sup> and ingredients with naturally occurring calcium)	225 mg	17%	Methylsulfonylmethane (MSM)	120 mg	**
Iron (naturally occurring)	5 mg	28%	Sodium Sulfate Anhydrous	100 mg	**
Iodine (as potassium iodide)	60 mcg	40%	Green Tea Aqueous Extract ( <i>Camellia sinensis</i> )(leaf) (80% polyphenols, 60% catechins, 30% EGCG, 6% caffeine)	82 mg	**
Magnesium (as di-magnesium malate) <sup>S2</sup>	140 mg	33%			
Zinc (as zinc bisglycinate chelate) <sup>S2</sup>	10 mg	91%			
Selenium (as selenium glycinate complex) <sup>S2</sup>	100 mcg	182%			
Manganese (as manganese bisglycinate chelate) <sup>S2</sup>	2 mg	87%			
Chromium (as chromium nicotinate glycinate chelate) <sup>S2</sup>	60 mcg	171%			
Molybdenum (as molybdenum glycinate chelate) <sup>S2</sup>	35 mcg	78%			

**Other Ingredients:** Sunflower oil, natural flavors (no MSG), medium-chain triglyceride oil, taurine, glycine, cellulose gum, xanthan gum, fungal proteases®, L-glutamine, monk fruit extract, guar gum, and silica.

S3. Preventium® is a registered trademark of Applied Food Sciences, LLC. (US patents 4,845,123, 5,364,644, 5,561,160).

S4. BCM-95® is an exclusivity licensed registered trademark to Arjuna Natural Pvt Ltd, Protected under US patents 7,883,728; 7,736,679; and 7,879,373.



S5. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. AMINOGEN® is protected under U.S. patent 5,387,422.

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## Typical Amino Acid Profile Per Serving:

Alanine	1,280 mg
Arginine	2,580 mg
Aspartic Acid	3,400 mg
Cysteine	300 mg
Glutamic Acid	4,990 mg
Glycine	1,720 mg
Histidine	740 mg
Isoleucine	1,330 mg
Leucine	2,490 mg
Lysine	2,120 mg
Methionine	330 mg
Phenylalanine	1,630 mg
Proline	1,340 mg
Serine	1,570 mg
Threonine	1,160 mg
Taurine	500 mg
Tryptophan	300 mg
Tyrosine	1,130 mg
Valine	1,490 mg

Manufactured in a GMP compliant facility.

Distributed By:  
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